Is ascension a New Age belief and should a Christian try acceding to different dimensions?

The Christian does not seek ascension as the New Ager suggests (2 Pe 2:1); rather, he seeks the kingdom and Christ's righteousness and then all things are added to him (Mt 6:33).

J. Gordon Melton wrote:

New Age [is a] movement...that spread through the occult and metaphysical religious communities in the 1970s and '80s. It looked forward to a "New Age" of love and light and offered a foretaste of the coming era through personal transformation and healing. The movement's strongest supporters were followers of modern esotericism, a religious perspective that is based on the acquisition of mystical knowledge and that has been popular in the West since the 2nd century ad, especially in the form of Gnosticism. Ancient Gnosticism was succeeded by various esoteric movements through the centuries, including Rosicrucianism in the 17th century and Freemasonry, theosophy, and ritual magic in the 19th and 20th centuries....¹

New Age is promoted in television and movies today.

David J. Laughlin wrote:

...The Star Wars trilogy was only the first among many films to make statements about a pantheistic "Force" that represents deity, intuitive communication with "the other side" and "ascended masters" that form a hierarchy for bringing humanity into the New Age.'

Star Trek entertainment is also saturated with the occult as can be seen with the telepathic abilities of Spock, Tuvok and other Vulcans, and Counselor Troi to name a few. Telepathy involves the communication of two minds by means other than the five senses.

In no uncertain terms, the Bible condemns all forms of the occult:

'There shall not be found among you anyone who makes his son or his daughter pass through the fire, one who uses divination, one who practices witchcraft, or one who interprets omens, or a sorcerer, or one who casts a spell, or a medium, or a spiritist, or one who calls up the dead. For whoever does these things is detestable to the Lord' (Deuteronomy 18:10–12a).

Those who turn to mediums and spiritists do not seek assistance from God (Isaiah 8:19), but play the harlot (Leviticus 20:6) and become defiled (Leviticus 19:31).

...This is deceptive and can even mislead Christians. Dave Hunt and T.A. McMahon warn:

'What the secular world calls "mind power" many Christians confuse for "faith"...

...These New Age techniques are not new at all, however, but are the same old sorcery under new labels. Many modern practitioners, including leading Christians, seem unaware of the true nature of the dangerous mind-game they are playing. Sorcery called by any other name is still sorcery and it is everywhere in today's space-age

¹ Melton, J. Gordon. New Age movement. Britannica. Web. 11 Feb 21: https://www.britannica.com/topic/New-Age-movement

society, seeking to hide its true identity behind scientific or psychological terminology and success/motivation and self-development labels.'

Johanna Michaelsen, once deep into the occult before being delivered, also warns:

'The occult is not a passing fad. It is here and will continue to grow and spread like a mass of suffocating jungle vines until the promised return of Jesus Christ.'...

...Although science fiction has predicted a number of useful technologies, the genre is permeated with unrealism, humanism, occultism, New Age philosophy, Eastern mysticism and evolutionism which are of no value in the real world and are condemned in the Scriptures...²

New Age religion is godless.

Ken Ammi wrote:

...[T]he spirituality expressed in the New Age movement is very much based on the interaction with impersonal "energy" which is known as ki, chi, prana, etc. New Agers are not as likely to refer to God in the traditional theistic manner but to "the universe", "the life force", our "higher selves", "ascended masters", etc. It may also be noteworthy that pantheism has, as far back as 1900 AD, been considered "a polite form of atheism"...³

Christians should be rooted and grounded in God's word so as to avoid false teaching (Ac 17:11, Ga 5:9).

Christ's dominion will go on (Dan 7:14, He 9:14). One must have a right relationship with him to enter into heaven (Ge 6:3, Jn 3:5, 18, 21). Only he can raise men up (Ro 1:4).

The believer seeks the Lord's presence (Ps 51:11). Man is not lovely; but, Jesus is (Is 64:6, Mt 5:20). *He* is the Christian's righteousness (Jer 33:16).

² Laughlin, David J. Science fiction: a Biblical perspective. Creation.com. Web. 11 Feb 21: https://creation.com/science-fiction-a-biblical-perspective

³ Ammi, Ken. Atheism. Creation.com. 18 Jun 2009: https://creation.com/atheism