Psalm 118:8 says: "It is better to take refuge in the Lord than to trust in people". Did Jesus take refuge in God rather than in people?

The Psalmist knew to put his confidence in God rather than men (Ac 5:29). Men disappoint; but, God does not. He is faithful and true (Re 19:11).

A parallel passage to Psalm 118:8 reads:

To You, O Lord, I lift up my soul. O my God, I trust in You;

Let me not be ashamed;

Let not my enemies triumph over me.

Indeed, let no one who waits on You be ashamed;

Let those be ashamed who deal treacherously without cause. Ps 25:1-3

The Lord Jesus came to live the perfect life that no man without the spirit can live (Is 29:10, Ro 2:29, 1 Co 5:3, 5). His life served as an example for Christians to emulate (1 Pe 2:21-25).

Jesus was called Holy Servant (Ac 4:27). He trusted the Father's will (Mt 26:53, Lk 22:42, 23:46).

As Jesus' activities were tied directly to the Father (Jn 5:19, 20) our actions are tied directly to him (1 Thess 2:10, 1 Ti 3:2). We honor the Son by our lives (Jn 5:23, 12:26).