Can Satan or a demon attack you while you are sleeping and whisper in your ear?

Satan works 24 hours a day, seven days a week. He looks for opportunities to harm the believer. Christians are to be "watchful" (1 Pe 4:7) because their adversary the devil, as a roaring lion, walks about, seeking whom he may devour (1 Pe 5:8). Believers should stay alert and resist him (v. 9).

Peaceful rest comes from the Lord (1 Chr 22:9, Mt 11:28, 29). Tranquility is made possible by him (Ps 131:2).

Though the wicked claim they have peace (Is 48:22), the Bible says that they do not (Ac 19:36).

The Lord of all peace (2 Thess 3:16) gives his own rest (1 Pe 3:4).