

*What is the meaning of when my heart is overwhelmed lead me to the rock higher than I? Ps 61:1-2.*

Faithful believers may become weary at times. Weariness is overcome by: waiting on the Lord (Is. 40:30, 31), an appropriate word (Is. 50:4), trust in God's promises (Is. 28:12), persevering in faith (Gal. 6:9), hope in a promised ruler (Is. 32:1, 2) and looking to Jesus (Heb. 12:2, 3).

Regarding Ps 61:1-2<sup>1</sup>, J. Vernon McGee wrote:

David says, "From the end of the earth will I call upon thee." When you pray, have you ever felt that God is way up in the heavens and you are way down here? David feels that he is at the end of the earth and God is way off yonder. He is trying to get closer. He wants to get to a Rock that is higher than he is....

...I need to be led to the Rock that is higher than I. The Word of God tells me that that Rock is Jesus Christ (1 Cor. 10:4), and He is a lot higher than I am! What a picture we have here of the Lord!<sup>2</sup>

David was away from home and discouraged when he wrote this Psalm. He asked the Lord for guidance (Ps 61:1-5). David called God his rock (61:1-2) and his fortress (61:3). He wished to dwell in the shelter of his wings (61:4-5).

A. B. Simpson wrote:

"God has hidden every precious thing in such a way that it is a reward to the diligent, a prize to the earnest, but a disappointment to the slothful soul.

The gem is found only after you crush the rock which encloses it; the very soil gives its harvest as a reward to the laboring farmer.

So truth and God must be earnestly sought."

The Christian who builds his life on Christ will be blessed (Mt 7:24-27).

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<sup>1</sup> From the end of the earth will I cry unto thee, when my heart is overwhelmed: lead me to the rock that is higher than I Ps 61:1-2

<sup>2</sup> McGee, J. V. (1991). *Thru the Bible commentary: Poetry (Psalms 42-89)* (electronic ed., Vol. 18, pp. 93-94). Nashville: Thomas Nelson.