I used to hear people refer to others as being spiritual. I understood that to mean that they followed Jesus, they were close to God and they cared about others. Now, they don't appear to be saved. They live their lives however they want. What do people mean when they say they are spiritual?

Often people think they are saved when they are not (Re 12:9). Claiming to be *spiritual* means little. It is analogous to hearing *Happy Holidays* in December—the greeting is devoid of meaning.

It is the *object* of one's worship which matters. Jesus alone should be worshipped because he alone saves (Is 45:21,22; 59:16; Ac 4:12). He said, "I am the way, and the truth, and the life: no one cometh unto the Father, but by me (Jn 14:6)." Any other worship is false (Mt 15:8-9).

We don't proclaim spirituality. We proclaim Jesus': name (Ex 33:19, his word (Jer 3:12) and his salvation (Is 62:11).

How do we know that we know God? We keep his commandments. The apostle John wrote, "He who says, 'I know Him,' and does not keep His commandments, is a liar, and the truth is not in him. But whoever keeps His word, truly the love of God is perfected in him (1 Jn 2:4–5)."